

**Welcome to the**  
**Adventure Sapa and Homestay (by shuttle Bus) 3 days**  
**Tripcode: 1095**  
**Tour length: 3**

Links: <https://www.vietnampathfinder.com/tours/export/1095>

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## **DETAILED ITINERARY**

### **DAY 1: ARRIVAL SAPA (BY SHUTTLE BUS)**

Our Bus Pick up at your hotel (Hanoi old quarter in the early morning and transfer to Sapa, depart at 6.30 Am. Around 12.00 noon: Arrive Sapa Town with colorful traditional costumes of H'mong, Dzao, Tay ethnic People. Take a scenic drive to the hill station of Sapa, enjoy the spectacular views of rice –terraced mountains and black H'mong and red Dao hill tribe people dressed in their colorful wares walking along the roadside.

On arrival [Sapa Mountains](#), check in hotel and have lunch (your own account),

Our guide pick up you to explore Sa Pa town like Stone Church, Sapa lake, Ham Rong Mountain, take pictures and admire the remote of Muong Hoa valley. (Dinner - your own account).

Then you're free to explore the charm of Sapa by night, enjoy roasted corn, baked eggs beside charcoal fire. Especially on Saturday night, we highly recommend a stop at the Love Market - one of the unique cultures of the highland peoples in northern Vietnam.

Overnight in Sa Pa hotel.

Notes:

What is the best local food to try in Sapa town?

1. Thang Co This dish is known as the traditional dish of H'mong people, cooked from horsemeat, horse's viscera and horse's bone, all made into a soup with 12 spices from cardamon, ginger, citronella, anise to cinnamon twig. When local people cook this dish, they often stew for couple of hours. The dish is served with fresh vegetable and local red hot pepper.
2. Cap Nach Pork A special kind of pork which is often found in Northwest Vietnam. There're quite many ways to cook this dish with different ingredient but its highlight is the fleshy, soft yet tough texture of the pork meat. It's said that the pigs living on mountainous areas are not caged and free to run around therefore their meat is so much better than regular pork meat.
3. Salmon Hotpot Yes, it's true, you can eat salmon in Sapa. And it's not a rare dish here, in fact, salmon restaurants are everywhere to be found. A salmon dish that worth trying the most is Salmon Hotpot, especially in freezing days. The fish meat comes is a heaven match with the hotpot broth with a familiar sour taste from local vegetables and herbs.

When is the best time to travel Sapa Mountains?

Thanks to its high altitude, Sapa enjoys one of the most favorable weather in Vietnam with average temperature for all year round is 15 degree Celsius to 30 degree Celsius and humidity from 83-87%. You can visit Sapa almost all year round because every month there is something to see in this lovely highland town of Vietnam.

In summer time, Sapa makes a great getaway from the busy, heated cities. Sapa in summer is much milder than lower regions. Sapa in this time is mostly hot for domestic travelers. For foreign tourists, Sapa is best to visit in either March-May or September-December. Especially in later months of year, Sapa shines with the golden terraced rice fields everywhere you go.

### **DAY 2: SAPA TREKKING DAY- CAT CAT - Y LINH HO – TAVAN**

Breakfast at hotel before start our hiking to Cat Cat village, the home of black H'Mong ethnic group. at the same time to visit an

old French hydroelectric station and beauty waterfall, a bit hard trek to other trails to Y Linh Ho village before take our rest for picnic lunch.

Continue to Muong Hoa valley, we will pass through Lao Chai village and then Tavan village, the home of Giay, this is a beautiful setting village in the large valley with high mountains surrounding.

Check in for our Home-stay with a local family, fresh up and ready for dinner tonight (Note: home-stay in Sapa is very rustic) (B/L/D)

### DAY 3: TAVAN - GIANG TA CHAI - SU PAN - ARRIVAL HANOI

Once you get energy for your last day trek by having a delicious breakfast, you leave for Giang Ta Chai village of Red Dao minority.

You will trek through bamboo forest, which belongs to Hoang Lien National Park.

On the way you will pass by a waterfall where you will have time to take a rest and enjoy the surroundings. You will find a nice place to enjoy lunch.

After lunch, you continue toward Su Pan, a small village located by the road. Here you start your journey back to Sapa by car 15h30 PM: Transfer back to Hanoi by Shuttle bus and will be arrival your hotel at evening (around 4 and half hours drive from Sapa back Hanoi, hotel room in Hanoi not included). Tour ends (B/L)

TOUR PRICES IN LOW SEASON/(PER/PERSON) ( LOW SEASON FROM 1 MAY- 1 SEPT)					
Hotel rates/group	1 Star	2 Star	3 Star	4 Star	5 Star
2 Paxs	----	----	159 \$	205 \$	----
4 Paxs	----	----	132 \$	179 \$	----
6 Paxs	----	----	121 \$	172 \$	----
10 Paxs	----	----	120 \$	166 \$	----
14 Paxs	----	----	113 \$	159 \$	----
20 Paxs	----	----	113 \$	158 \$	----
Single Supplement	0 \$	0 \$	56 \$	72 \$	0 \$

TOUR PRICES IN HIGH SEASON/(PER/PERSON) (HIGH SEASON FROM 2 SEPT- 31 APRIL)					
Hotel rates/group	1 Star	2 Star	3 Star	4 Star	5 Star
2 Paxs	----	----	159 \$	221 \$	----
4 Paxs	----	----	132 \$	195 \$	----

<b>6 Paxs</b>	----	----	<b>121 \$</b>	<b>189 \$</b>	----
<b>10 Paxs</b>	----	----	<b>120 \$</b>	<b>182 \$</b>	----
<b>14 Paxs</b>	----	----	<b>113 \$</b>	<b>175 \$</b>	----
<b>20 Paxs</b>	----	----	<b>113 \$</b>	<b>175 \$</b>	----
<b>Single Supplement</b>	<b>0.0 \$</b>	<b>0.0 \$</b>	<b>55.6 \$</b>	<b>77.5 \$</b>	<b>0.0 \$</b>

<b>HOTELS OR SIMILAR STANDARD</b>				
<b>Hotel names</b>	<b>Category</b>	<b>Room type</b>	<b>Link website</b>	<b>Location</b>
<b>BAMBOO SAPA Hotel</b>	<b>3</b>	<b>Superior Room</b>	<a href="http://www.bamboosapahotel.com">www.bamboosapahotel.com</a>	<b>SAPA</b>
<b>HOLIDAY SAPA Hotel</b>	<b>3</b>	<b>Superior Room</b>	<a href="http://www.holidaysapa.com">www.holidaysapa.com</a>	<b>SAPA</b>
<b>Victoria Sapa Hotel</b>	<b>4</b>	<b>Superior Room</b>	<a href="http://www.victoriahotels.asia">www.victoriahotels.asia</a>	<b>SAPA</b>

### **INCLUSION**

English speaking guide

Black Hmong porters (to carry food and luggage)

Cook (from group sizes of 6 pax)

All needed transport

Local meals as indicated meals, plus snacks (B as breakfast; L as lunch; D as dinner)

Water on the whole trip

Waterproof bluebag for luggage

Tents if needed

All entrance fees and permit

One night Home-stay in Sapa Village (Rustic) + Sleeping bag and mattresses + Mosquito net

Bus transfer: Hanoi <----> Lao Cai / 2ways

### **EXCLUSION**

Personal Pocket Money

Soft drink (beer, coca cola...)

Insurance

All other services not indicated above

## Tips and gratuities

### NOTE

**+ if you would to travel Sapa Mountains by night trains from Hanoi, please review train schedules (or [rental a car for Sapa](#)):**

There're two type of train to Lao Cai - local trains or tourist trains. Average time traveling by train is about 8 hours with slow trains and about 7 hours with tourist trains. SP = New Trains, LC = Old Trains.

Tourist trains are: Livitrans, TSC Express, Hara Express, Fanxipan Express, King Express, Orient Express.

\* Schedule for Lao Cai Trains:

SP1 (21:40), SP2 (20:35): Tourist trains with air-conditioned soft sleepers only.

Most of these trains consists of privately-run sleeping-cars for tourists, including Fanxipan, King, Ratraco, Orient Express, Royal, TSC, Tulico, etc.

- SP3 (22:00), SP4 (21:10): Recommended train with very few stops. Air-con soft sleepers and air-con hard sleepers only. These trains consist of privately-run sleeping-cars including the Sapaly Express Train, TSC, and the Victoria Express Train.

- SP7 (20:30), SP8 (19:40): Earlier trains. Air-con soft sleepers, air-con hard sleepers, air-con soft seats. Conveys privately-run Livitrans sleeping-cars.

- LC3 (6:10), LC4 (10:05): Daytime trains. Tea, coffee & snacks are available on board.

- LC1, LC2: Slower overnight trains. Air-con hard sleepers, air-con soft seats, air-con hard seats, non-air-con hard seats. No soft sleepers.

